

Nutritional Information

Servings per package: 2

Serving size: 250mL

Ave. Quantity	per Serving	%DI* (per Serving)	per 100mL
Energy	188kJ	2%	75kJ
	45kcal	2%	18kcal
Protein	0g	0%	0g
Fat, total	0g	0%	0g
- saturated	0g	0%	0g
Carbohydrate	11g	3.5%	4g
- sugars**	11g	12%	4g
Dietary Fibre	0g	0%	0g
Sodium	30mg	1%	12mg
Potassium	470mg	NA	188mg
Vitamin C	60mg	150%	24mg

* DAILY INTAKE PER SERVE IS BASED ON AN AVERAGE ADULT DIET OF 8700KJ. YOUR DAILY INTAKE MAY BE HIGHER OR LOWER DEPENDING ON YOUR ENERGY NEEDS.

** SUGARS FOUND NATURALLY IN THE COCONUT WATER AND FRUIT.

INGREDIENTS: NATURAL COCONUT WATER, LESS THAN 1% FRUIT SUGAR, VITAMIN C

Shake well before use.

Because only natural ingredients are used, taste, body & colour may vary.

Once opened keep refrigerated & consume within 3 days.

Suitable for vegetarians & gluten free diets.

May contain nuts.

Specified values are averages & subject to natural seasonal variations.

Imported by

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10c REFUND AT COLLECTION DEPOTS WHEN SOLD IN S.A.